

# MEDITERRANEAN MENU



## APPETIZERS

### **MANOUSHE**

Lebanese meat pies, savory pastries prepared like pizza, a doughy bread with ground lamb or beef mixed with Mediterranean spices

### **SARMA**

Grape leaves filled with rice and ground beef mixed with spices and herbs. Served with a garlic yogurt sauce

### **FALAFEL**

Deep fried chickpeas mixed with onions, parsley, cilantro, and mixed Mediterranean spices



## SALADS

### **TABOULI**

A refreshing salad made with chipped tomato, parsley, bulgur, and onion, seasoned with olive oil, lemon juice and salt

### **GREEK SALAD**

This classic salad is made up of crisp spring mix, cucumber slices, red onion, grape tomatoes, capers, red and green peppers and Kalamata olives, crumbled feta cheese. Served with balsamic vinaigrette

### **SLICED TOMATO, RED ONION SALAD**

Served with mint and lemon and olive oil dressing



Sky Food Catering

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## ENTRÉE'S

### **LAMB CHOPS**

Roasted or Grilled, served with your choice of side, dinner salad and dinner roll

### **ROASTED LEG OF LAMB**

Slow roasted leg of lamb, served with your choice of side, dinner salad and dinner roll

### **RACK OF LAMB**

Slow roasted rack of lamb, served with your choice of side, dinner salad and dinner roll

### **DAAL**

Moroccan style red kidney beans, served with your choice of side, dinner salad and dinner roll

### **KEBAB**

Grilled lamb, beef or chicken skewers, served with your choice of side, dinner salad and dinner roll

### **KOFTA KEBAB**

Grilled ground beef or chicken molded over metal skewers, served with your choice of side, dinner salad and dinner roll

### **CHECKEN TANDOORI**

Marinated in a yogurt and spice paste, served with your choice of side, dinner salad and dinner roll

### **COUSCOUS**

Vegetarian style, or with chicken or beef, served with your choice of side, dinner salad and dinner roll

## SIDES

**Basmati rice with saffron**

**Grilled tomato**

**Mixed sautéed vegetables with Mediterranean herbs**

**Basmati rice with tomato sauce and onions. Topped with julienne carrots and raisins**



## DESSERT

**Baklava**

**Rice Pudding**